

SNACKS, NIBBLES, SIDES & SALADS

Chilli salted chips with aioli	£1.90
A selection of freshly baked breads with olive oil & balsamic vinegar	£2.75
Wedges with sour cream & sweet chilli sauce	£2.75
Marinated kalamata olives with preserved lemon & herbs	£2.90
Nachos with tomato salsa, guacamole, cheese & jalapeno peppers	£4.50

All sides only £3.30

Garden salad
Rocket & parmesan salad
Mash potato
New potatoes
Green beans
Curly kale

SANDWICHES

BLT ciabatta with homemade garlic aioli, chips & salad (add 75p for chicken)	£4.75
Mediterranean roast veggie ciabatta with grilled halloumi, herb oil, chips & salad	£4.75
...& be sure to ask your waiter for today's superb selection of grilled Panini's	£4.50

BREAKFAST & BRUNCH Available Friday-Sunday

The healthy options...

Toast with home-made preserves	£2.75
Hot porridge with baked apple & cinnamon/honey/banana & brown sugar	£3.75
Homemade muesli, natural yoghurt & blueberries	£4.75
American pancakes with honey or blueberries	£6.90

The hearty options...

Bacon & egg ciabatta buttie with virgin mary shot	£6.50
Veggie breakfast with 2 eggs, grilled halloumi, mushrooms, tomatoes, beans & toast	£6.50
Eggs Benedict with cured ham	£6.90
Eggs Benedict with smoked salmon	£7.50
Smoked salmon, scrambled eggs & granary toast	£7.50
The Tabernacle breaky burrito - scrambled eggs, bacon & rocket all wrapped in a fresh tortilla & topped with homemade guacamole & tomato salsa	£7.70
Big Breaky - 2 eggs, bacon, sausage, tomatoes, mushrooms, black pudding & toast	£8.00

The extras

baked beans	£0.90
hash browns	£0.90
bacon	£1.00
mushrooms	£1.00

sausage

£1.50

a 12.5% discretionary service charge will be added to your bill

JUNIOR'S MENU

Penne pasta with tomato basil sauce topped with Parmesan cheese	£4.75
Mini Tabernacle burger with veggie sticks & chips	£4.75
Chicken goujons with veggie sticks & chips	£4.75

STARTERS

Caesar salad with garlic croutons	£5.75
Butternut squash & parmesan soup	£5.90
Leek & goat's cheese tart with dressed leaves & chive oil	£6.50
Chicken liver parfait membrillo & toast	£6.50
Salmon fishcake with dressed leaves & lime mayo	£6.75
Classic prawn cocktail	£6.90

THE MAIN EVENT

Chicory salad topped with bacon, avocado, baby gems, tomato & red onion	£7.50
Vine ripened tomato & basil penne pasta topped with shaved parmesan cheese	£8.50
Pork & leek sausage with creamed potato & onion gravy	£8.95
Tagine of aubergine, peppers, okra & butternut squash with herb couscous & coriander yoghurt	£9.50
Slow roasted pumpkin & chive oil risotto topped with parmesan cheese	£10.00
Battered fish & chips with pea purée & homemade tartare sauce	£10.50
Pumpkin, feta, sundried tomato & rocket salad sprinkled with pumpkins seeds	£10.75
Seared chicken breast & puy lentil casserole with fondant potatoes & curly kale	£10.95
The Tabernacle burger – our homemade beef burger with melted cheese served with chips, blackened tomato, chilli salsa & coleslaw	£10.95
Pan seared sea bream with new potatoes, curly kale & chive beurre blanc	£12.95
Roast rump of lamb served with tatziki & Moroccan couscous	£14.50

DESSERTS

A selection of ice creams & sorbets	£3.00
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Sticky toffee pudding served with a warm caramel sauce	£5.50
Cinnamon apple crumble served with vanilla ice cream	£5.50
Baked white chocolate & blueberry cheesecake with a blueberry compote	£6.00
Chocolate tart with poached pears, stemmed ginger & whipped cream	£6.00

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MILKSHAKES All £4.00

Cookie Monster - Monster would be the word. Oreos, marshmallows, chocolate ice cream, blended with milk

Reece's Pieces - Vanilla ice cream, peanut butter & chocolate sauce - & in case you're wondering, this drink 'may contain nuts'

Caramel Latte - A beautiful combination of Mozzo's organic coffee, vanilla ice cream, milk & fresh caramel sauce

Strawberry Cheesecake - A superb blend of strawberry jam, vanilla ice cream, mascarpone, milk & broken up biscuit

Banoffee - A rich combination of fresh banana, vanilla ice cream and butterscotch & toffee syrup blended over ice

SMOOTHIES All £4.00

Breakfast on the Go - everything you need to start the day; banana, nuts, oats, honey, yoghurt & soya milk

Fruit Solstice - bursting with pear, blackberry, blueberry & apple, blended with yoghurt, soya milk & a hint of lavender

Slim Jim - A slimming blend of banana, strawberries, blackberries & soya milk

SOFT DRINKS

Mineral water (Kingsdown® still/sparkling)	£2 glass /£3 bottle
Coke, Diet Coke, Lemonade, Tonic	£1.50
Ginger Beer	£2.50
Red Bull	£3.00
Juices - Orange, Cranberry, Pineapple, Apple, Grapefruit, Pomegranate	£2.00

...& be sure to ask your waiter what today's freshly squeezed juices are!

All £4.00

HOT DRINKS

Americano	£2.00
Espresso (single / double)	£2.50/£3
Cappuccino, Café Latté, Mocha	£2.50
Hot chocolate	£2.50
Tea – pot for one/pot for two	£1.85/£3

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SAMPLE